

ASCP | Pacific

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Welcome Back to On-Campus Learning!

By Emily Tran

Greetings pharmacy students and welcome to the Thomas J. Long School of Pharmacy! I hope the past few weeks have been wonderful for everyone and you are able to continue to meet new people and see new faces all around campus. Remember to stay focused but also keep an open mind!

ASCP-Pacific is dedicated to serving and improving the health of seniors, as well as advocating the profession of consultant pharmacy. Keep a lookout for our future events, which includes the Consultant Pharmacist Speaker Event, Beers Criteria Workshop, and Cards of Light Luminary Challenge. Feel free to reach out to any of the board members if you have any questions or concerns!

Meet our Faculty Advisors



Dr. Carly Ranson is a faculty advisor of ASCP-Pacific, the Bone Mineral Density (BMD) committee, and the Medication Use Safety Training (MUST) committee, as well as Director of Pharmacy Co-Curricular programming. In addition to overseeing and teaching students as part of the Medicare Part

D Mobile Outreach Clinics, she also teaches a course on the spectrums of aging (Pediatrics and Geriatrics). Dr. Ranson is a Board Certified Geriatric Pharmacist and practices at the VA precepting students. At UOP, she hopes to help students find their voice and passion for the geriatric care and the pharmacy profession by providing tools and support needed for success.

Dr. Clifford Young, RPh is also a faculty advisor of ASCP-Pacific. In addition to teaching duties, he is the Regional Coordinator for the Fresno APPE Region. He was on the Board of Directors of ASCP from 2009-2013, State CA ASCP Chapter President, and has had numerous committee positions with both ASCP and CA ASCP. With the California Pharmacist Association, he served as President from 2020-2021, past Speaker of the House of Delegates, and Board of Trustee member for three terms. He recently attained his Fellowship in the Academy of Wilderness Medicine in the Wilderness Medicine Society. Dr. Young's goal for his students at Pacific is that you should not let your PharmD silo you into the traditional pharmacist roles to attain your professional and personal goals.

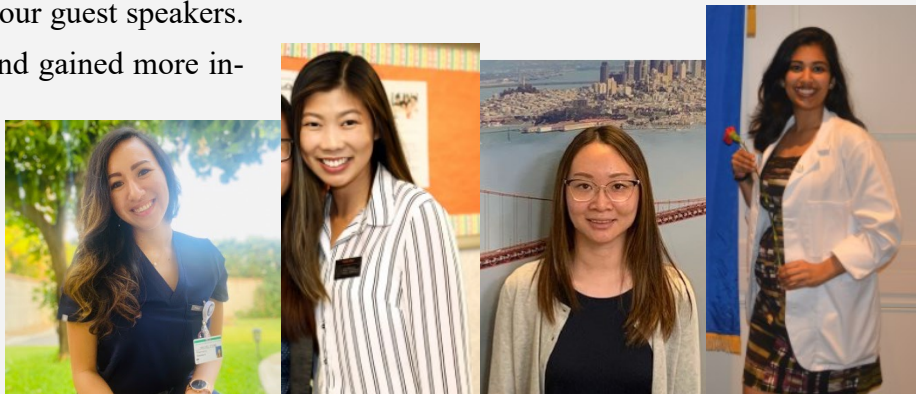


Geriatrics Residency Panel Event

By Katrina Hua

On March 18th, ASCP-Pacific held our first ever Geriatric Residency panel with 3 residents from San Francisco VA Health Care system and 1 resident from Western University/Los Angeles Jewish Home. We welcomed Dr. Rachel Kamalei Stone, Dr. Shirley Shan, Dr. Robin Huang, and Dr. Nisha Iyer for this special event! Dr. Stone was a PGY1 geriatric resident working at the Western University/Los Angeles Jewish Home. Dr. Shan, Dr. Huang, and Dr. Iyer were PGY1 residents at the San Francisco VA Health Care System on a general residency track or a geriatrics focused residency track. The zoom event consisted of a Q&A about how to pursue a geriatric residency, responsibilities of a typical pharmacy resident, patient care during COVID for the geriatric population, and how geriatric pharmacy can expand in the future. The event had over 80+ attendees and pharmacy students had the opportunity to ask their own questions at the end to our guest speakers.

We hope everyone found it helpful and gained more insight about pursuing a geriatric residency. (Pictured from left to right: Dr. Rachel Kamalei Stone, Dr. Shirley Shan, Dr. Robin Huang, and Dr. Nisha Iyer).



Ambulatory Care Speaker Event

By An Tran

In July, ASCP-Pacific hosted an Ambulatory Care Speaker event featuring UOP alumnus Dr. Jessica Kurtzer over zoom to over 80 P1s/P2s. As an AmCare pharmacist specializing in mental health at Kaiser Permanente, Dr. Kurtzer provided great insight into the field of AmCare pharmacy. The event consisted of two separate parts. In the first half of the event, Dr. Kurtzer answered questions that gave students a look into her daily life and responsibilities, her role within the patient-care team and experience working with other clinicians, advice to those interested in pursuing ambulatory care, and more! The second half of the speaker event had students propose a treatment plan for 2 made-up patient cases prepared by Dr. Kurtzer herself. The goal of this activity was to provide students an opportunity to exercise their best clinical skills and judgement. Working on the case studies allowed P1s to preview the field psychiatric pharmacy, and allowed P2s to review their knowledge. Once the attendees finished, Dr. Kurtzer shared her own approach to the cases and answered any additional questions the students had. We hope those who attended broadened their knowledge about the field of ambulatory care and psychiatrics!



Cards of Light Luminary Challenge

By Beatrice Gabriel

From June 21st to 25th, ASCP-Pacific hosted another Cards of Light Luminary Challenge. This semester, students wrote and designed encouraging cards which were sent to the senior community at Grossmont Gardens Assisted Living Facility in La Mesa, California. During this time, the elderly are still under strict COVID-19 regulations that keep them from having visits from their loved ones. Senior residents have felt increasingly lonely and isolated because of the restrictions. Our goal for this event was to uplift their spirits and bring awareness to students about how communication can make a positive impact on another individual, especially their mental health. As future pharmacists, talking with our patients to understand how they are feeling will allow us to provide them with quality care.

Similar to previous semesters, the most creative card was determined by collecting votes from the current



executive board and organization advisors. This event's winner was Amanda Lee, with her amazing Alice-in-Wonderland-themed card! If you would like to view all of the beautiful cards submitted for this semester's event as well as those done in previous semesters, please check out ASCP-Pacific's website! Thank you to everyone who dedicated their time to participate and create lovely cards. We truly appreciate it and hope you had an enjoyable experience in brightening the days of the elderly community!

ASCP-Pacific Planned Events for Fall

By Vivian Wang

ASCP-Pacific hosts speaker events where students can network with consultant pharmacists, residents, and other specialty pharmacists in learning about their responsibilities. We allow students to receive the opportunity to learn more about less traditional career paths through our events. Our first speaker event this fall will be on September 30th at 6:30pm! More details will be forthcoming but please save the date! We plan on bringing back the Cards of Light Luminary Challenge from November 15th-19th, so be on the lookout for that as well!

Bone Mineral Density (BMD) Committee's Future Plans

By Kaitlyn Chao and Ken Nguyen

Over the past year, UOP's Bone Mineral Density committee has transitioned to telehealth services. Although our committee was unable to perform bone density screenings and falls risk assessments, the goal of continuing educating the geriatric population about osteoporosis remained the same. We rehearsed and filmed stretches and strength training exercises, such as simple hip raises and bicep curls. The committee also hosted a virtual Osteoporosis Awareness Week, despite the challenges of being in a remote setting. From teaching peers about osteoporosis through presentations to hosting educational games with raffle prizes, we were able to promote osteoporosis awareness in both an entertaining and effective way. As we return to in-person settings,

the Bone Mineral Density committee plans to begin screenings, as well as maintain our newly implemented social media educational posts.



Medication Use Safety Training (MUST) Committee's Future Plans

By Samantha Ng and Corinna Wong

Our mission: Providing medication use safety education and resources to our community.

MUST aims to continue our efforts in expanding upon our roles and services. We are currently training our members in medication therapy management (MTM) as part of this initiative through a certificate program involving 30 CE hours. In Fall 2020, MUST members supported the Medicare Out-

reach program by assisting with the provision of MTM services. Using our resources, we hope that our patients are able to properly and more effectively make use of their medications. During the June Safety Month, MUST also increased its social media presence and launched a new website dedicated to our committee. Looking forward, we plan on further growing our initiatives developed this past year.



Fundraising Week

By Emily Tran

For fall semester, ASCP's fundraising week is from October 11-October 17, and we are selling wine glasses 1 for \$6, 2 for \$10, fleece jackets 1 for \$30, 2 for \$55, and reusable cloth masks 1 for \$5. We will also be doing fundraisers at restaurants so keep an eye out for that!



National ASCP 2021 Annual Meeting and Exhibition

By Kiki Sidhu

The national ASCP organization will be holding its annual meeting and exhibition at Town and Country Resort, San Diego, CA on November 4th to 7th this year. The annual meeting will be both in-person and virtual. Check out their website if you are interested in knowing more about the event, or wish to register.

https://annual.ascp.com/?_zs=Lc4Nk1&_zl=Io5q7

National ASCP 2021 Annual Residency Showcase

By Kiki Sidhu

The ASCP 2021 Annual Residency Showcase will be hosted virtually by the National ASCP organization on October 15th, 2021. Students can learn more about PGY-1 and PGY-2 residency programs focused on geriatric pharmacy, managed care, or ambulatory care. You will be able to talk to residency directors, network, and improve your CV and resume. If you are interested, click the link below to register!

https://annual.ascp.com/students/?_zs=Lc4Nk1&_zl=Ho5q7#residency

About ASCP-Pacific

The American Society of Consultant Pharmacists at the University of the Pacific was founded at the Thomas J. Long School of Pharmacy in 2008. ASCP-Pacific is actively involved in providing and improving senior care, and advocating for the field of consultant pharmacy. ASCP-Pacific is dedicated to serving and improving the health of seniors as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community by collaborating with the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program. The Bone Mineral Density Committee is a professional committee that provides bone mineral density, osteoporosis screening and prevention strategies, and falls risk prevention at community health fairs.

The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It helps participants mitigate medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

Website:

ascppacific.weebly.com

Facebook:

facebook.com/ascppacific

Instagram @ascppacific

For more information, please visit our website, Facebook page, or Instagram!

Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing year of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Cards of Light Luminary Challenge, and other ASCP activities).



Taken from www.pacific.edu

Location

Thomas J. Long School of Pharmacy
757 Brookside Road
Stockton, CA 95207