

ASCP | Pacific

Tablet of Contents

- Introduction 1
- Beers Criteria Workshop 1
- Geriatric Residency Speaker Panel 1
- Cards of Light Luminary Challenge 2
- MUST 3
- BMD 3
- Fundraising Week 3

Greetings!

By Jacquelyn Vu

ASCP-Pacific hopes you all had a great summer break and are ready to transition to classes! We are excited to have everyone join us in the events we have planned for this year!

We had a busy semester last spring and summer with our Geriatric Residency Speaker Panel with Dr. Stone and Dr. Zatarain. as well as our Cards of Light Luminary Challenge with Rio Las Palmas Senior Community and Beers Criteria Workshop hosted by Dr. Ranson.

Keep an eye out for our upcoming events including our Fall Fundraising Week from October 17-23(more information on the third page), as well as our Consultant Pharmacist Speaker Panel on September 27th!

Beers Criteria Workshop

For this event in the spring, we had our very own advisor, Dr. Ranson, join us in teaching about the Beers Criteria and how to utilize it. During the first half, we learned about the purpose of having the Beers Criteria. For the second half of the event, we were able to separate into groups to work on patient cases, guided by the Beers Criteria. Some tips we learned were to look up the drug and drug class in the tables, we also want to think about the patient’s history, and think about what our treatment plan might do to the patient. This event was able to give us some insight about our future classes and about how to more effectively treat our geriatric patients.



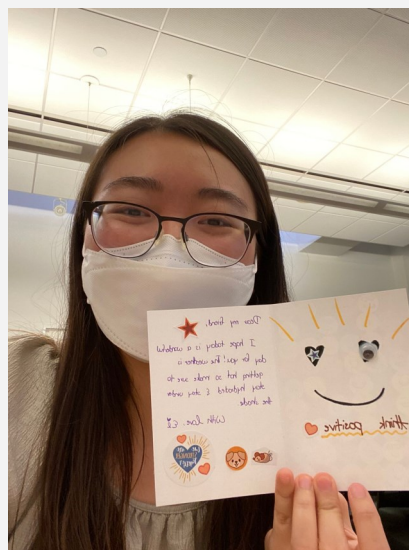
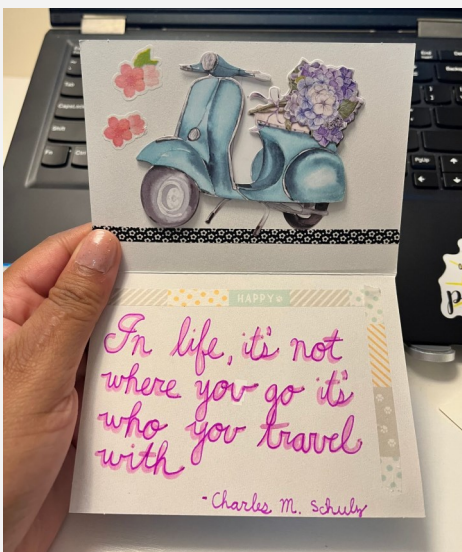
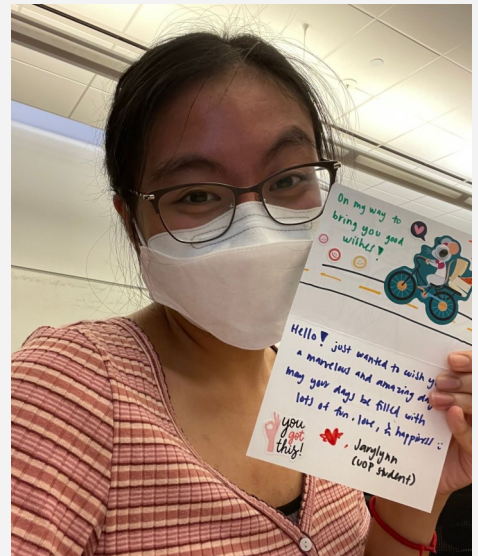
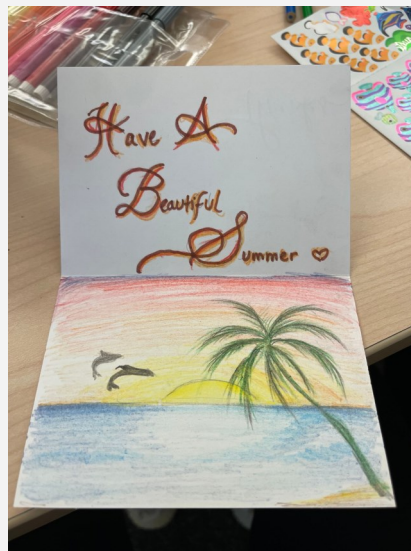
Geriatric Residency Speaker Panel

This year we were once again joined by Dr. Rachel Stone, and we met, for the first time, Dr. Dominique Zatarain. Both were PGY1 geriatric pharmacy residents at Western University/Los Angeles Jewish Home. We learned about what it was like to work as a residents, how they would see patients and also work on a research project to present at a conference at the end of their residency. We hope to see the field of geriatric medicine grow in the future.



Cards of Light Luminary Challenge

This summer for our Cards of Light Luminary Challenge week (July 11-15), we were able to send our cards to the Oakmont of Brookside which is located right here in Stockton. With COVID-19 still with us and with many variants still emerging, we wanted to bring some light to their day, especially if their families have not been able to visit them as often as they would like. Hopefully these cards also helped take their mind off the heat. To start off the week, we held a card making workshop so that those who wanted to make a card did not have to worry about any expenses, so they could just focus on their creativity and sincerity. Sama and Jason were able to deliver the cards by hand to the residents which gives us the opportunity to more closely interact with the geriatric residents. Thank you Sama for organizing a wonderful event, and thank you to everyone who was able to spare some time to write cards for the residents at Oakmont of Brookside.



Medication Usage and Safety Training Committee

By Kaitlin Vo and Kiano Zheng

The Medication Use Safety Training committee, also known as MUST, is dedicated to educating the senior and general population on how to safely and effectively use their medication. During the past semesters, our committee worked towards this goal by attending health fairs to assist patients by organizing medication calendars and charts to promote medication adherence. MUST strives to establish our presence as a committee by researching innovative ways to educate safe medication use. To prepare for future semesters, our committee has developed new infographics and brochures to provide patients more information about proper medication usage, storage, and disposal. Through MUST, our members hope to make a difference in our community by working together to promote the importance of medical adherence and safe medication usage.

Bone Mineral Density Committee

By Asarra Govind and Bryant Li

The Bone Mineral Density Committee works each year to provide patient care and promote awareness in regards to bone health, osteoporosis and falls risks. In attendance at every Medicare Part D Health Fair, BMD completes osteoporosis screenings for patients using bone density sonometers and provides consultations based on their T-scores. These consultations include diet and exercise recommendations, and a review of the patient’s medication list. This is complemented by a falls risk assessment through the Timed Up and Go (TUG) test and falls risk consultation. BMD is also active during Osteoporosis Awareness Month by planning a weeklong stream of events and activities for the pharmacy students to help fellow peers learn about the disease state to better help their patients treat and prevent osteoporosis.

In the academic year 2021-2022, BMD worked hard to restart the in-person screening services that couldn’t be completed the year prior due to the COVID-19 pandemic in the Fall semester. Our osteoporosis awareness month in the spring was also a great success, with activities that got UOP students and faculty excited about bone health. As the Class of 2025 begins their journey through pharmacy school, the committee is excited to recruit new members into the committee for the upcoming school year through the creation of a fun orientation video and participating in the Leadership Showcase in the fall.

ASCP Fundraising Week

By Emily Tran

Hello everyone! ASCP-Pacific’s fundraising week will be from October 17st—23rd. We will be selling fleece jackets and wine glasses!



About ASCP-Pacific

The American Society of Consultant Pharmacists at University of the Pacific was founded at the Thomas J. Long School of Pharmacy and Health Sciences in 2008. ASCP-Pacific is active involved in providing and improving senior care, and advocating the field of consultant pharmacy. Our membership currently consists of approximately 130 men and women at different levels of their pharmacy studies and career. ASCP-Pacific is dedicated to serving and improving the health of senior citizens as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community through the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program.. The Bone Mineral Density Committee is a professional association that provides bone mineral density, anemia, fall risk, and memory decline screenings at community health fairs. It was created in 2012 and is the only committee that is under a national organization — the American Society of Consultant Pharmacists. The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It promotes helps participants avoid medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

For more information, please visit our website!

Website:

ascppacific.weebly.com

Instagram:

@ascppacific

Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing years of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Senior Prom, and other ASCP events).



Taken from www.pacific.edu

Contact Us!

Thomas J. Long School of Pharmacy
and Health Sciences
757 Brookside Road
Stockton, CA 95207