

ASCP | Pacific

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Greetings!

By Emily Tran

ASCP-Pacific hopes you all had a great winter break and are ready to transition to classes back on campus! We have just finished our elections and welcome aboard our 2022-2023 ASCP-Pacific Executive Board! We are so excited to see them bring ASCP-Pacific to new heights.

We had a busy semester last fall with our Consultant Pharmacist Speaker Event featuring Dr. Larry Reis as well as our Cards of Light Luminary Challenge with Rio Las Palmas Senior Community.

Keep an eye out for our upcoming events including our Spring Fundraising Week from January 31st—February 6th (more information on the third page), as well as our Geriatrics Residency Speaker Event!

Consultant Pharmacist Speaker Event

In September, ASCP-Pacific invited Dr. Larry Robert Reis, who spoke about his experience as a consultant pharmacist and gave tips for navigating this field. Dr. Reis graduated from UOP in 1971 and is currently the President and Clinical Director for Reis Rxcare Consulting providing clinical consulting services to long term care and ICF-ID facilities from Bakersfield South to Stockton North. After graduation, he became involved in LTC pharmacy, doing rounds and interacting with the Medical Director of a local SNF. In 1973, when Federal Guidelines were first adopted drafting the requirements for a “consultant pharmacist,” he was already performing those functions. Dr. Reis formed a company, DrugCare Inc, which at its peak, served over 10,000 LTC residents in 5 pharmacies in Central California. After selling that company in 1990, he remained in the industry and became part of a company that eventually merged into PharMerica. He was the Director of Clinical Operations for the Western US serving 14 states from Montana to Hawaii, and had supervised and trained over 100 consultant pharmacists.

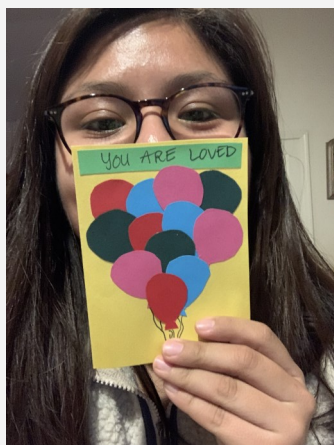


Cards of Light Luminary Challenge

By Michelle Ho and Jacquelyn Vu

This semester, ASCP-Pacific hosted our Cards of Light Luminary Challenge during the week of November 15th to 19th. We started off the week with a speaker event featuring Lizeth Guerrero, who is the Executive Director of a senior community at Rio Las Palmas located right in Stockton, which was also where the cards were sent to this year. Our speaker was able to provide wonderful insight about how to be culturally sensitive caregivers. Especially with COVID-19, those in senior communities were not able to visit their family as much, and many of them likely had holidays tied to their culture. Our goal for this event was to not only send positive messages to senior residents during these harsh times but also to remind ourselves that everyone deserves to feel comfortable and at home wherever they are. As future pharmacists, being able to connect and talk to our patients helps them feel more comfortable and this, in turn, helps us provide the best care for them.

The second part of the week was about making cards to send to the senior residents. Overall, we were able to hand-deliver about fifty cards to the residents. We were also able to continue our tradition of having our executive board and organization advisors vote for the most creative card, and this year's winner was once again Amanda Lee! Thank you to everyone who took time out of their day to participate in ASCP-Pacific's Cards of Light Luminary Challenge. If you would like to see more of the beautiful cards, feel free to visit ASCP-Pacific's website! Residents at Rio Las Palmas and we as ASCP-Pacific really appreciate everyone's efforts. We hope you had a joyful experience in brightening someone's day.



Medication Usage and Safety Training Committee

By Kaitlin Vo and Kiano Zheng

MUST, or Medication Usage and Safety Training committee, is dedicated to educating the senior and general population on how to safely and effectively use their medication. During the Fall 2021 semester, the committee worked towards our goal by attending health fairs to assist patients in organizing medication calendars and charts to increase med-compliance. MUST strives to continue establishing our presence as a committee by researching innovative ways to educate safe medication use. To prepare for future semesters, our committee has developed new infographics and brochures to provide patients more information about proper medication usage, storage, and disposal. Through MUST, our members hope to make a difference in our community by working together to promote the importance of medical adherence and its benefits towards maintaining healthy lifestyles.

Bone Mineral Density Committee

By Asarra Govind and Bryant Li

The fall semester is always a busy one for the Bone Mineral Density committee. The beginning of the semester was filled with meeting the new team members and orienting new committee members with the workflow and organization of the committee. New team members expanded their knowledge about osteoporosis, learned how to operate the Achilles EXP11 Sonometer, and practiced providing bone density screening consultations. The rest of the semester was full of learning opportunities for the entire leadership team, where we all had the chance to lead the bone density screening station during University of the Pacific's Medicare Outreach events. Overall, we were able to both grow as a committee and serve the community.

ASCP Fundraising Week

By Emily Tran

Hello everyone! ASCP-Pacific's fundraising week will be from January 31st—February 6th. We will be selling fleece jackets (1 for \$35, 2+ for \$30), reusable cloth masks (1 for \$5), and wine glasses (1 for \$6, 2 for \$10). Come and support us!



About ASCP-Pacific

The American Society of Consultant Pharmacists at University of the Pacific was founded at the Thomas J. Long School of Pharmacy and Health Sciences in 2008. ASCP-Pacific is active involved in providing and improving senior care, and advocating the field of consultant pharmacy. Our membership currently consists of approximately 130 men and women at different levels of their pharmacy studies and career. ASCP-Pacific is dedicated to serving and improving the health of senior citizens as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community through the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program.. The Bone Mineral Density Committee is a professional association that provides bone mineral density, anemia, fall risk, and memory decline screenings at community health fairs. It was created in 2012 and is the only committee that is under a national organization — the American Society of Consultant Pharmacists. The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It promotes helps participants avoid medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

Website:
ascppacific.weebly.com

Facebook:
facebook.com/ascppacific

For more information, please visit our website or Facebook page!

Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing years of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Senior Prom, and other ASCP events).



Taken from www.pacific.edu

Contact Us!

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