

ASCP | Pacific

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Welcome Back!

By Kevin Vuong

ASCP-Pacific hopes all the returning students and faculty enjoyed the much-needed spring break and are all prepared for the start of Summer semester!

We started off Spring semester by holding elections for our 2018-2019 ASCP-Pacific Executive Board. Congratulations and welcome to our new team! We hosted our 2018 ASCP-Pacific Annual Senior Prom which had a huge turn out and was a big success. Senior citizens from our local community had a fun time showing off their dance moves, eating delicious food, and enjoying good company.

Don't forget to keep an eye out for upcoming events for the Summer semester such as activities from Osteoporosis Awareness Month hosted by the Bone Mineral Density Committee, Omnicare Tour, and our annual Membership Appreciation Dinner.

Executive Board Elections

By Ellen Son

ASCP-Pacific held elections on January 31, 2018 for the new Executive Board. A huge thank you to all the candidates that applied and everyone for taking the time to vote. Thank you to the 2017-2018 Executive Board for all their hard work and dedication. Congratulations to the new 2018-2019 Executive Board! We are excited for the next upcoming school year and the future of ASCP-Pacific.

Here is a list of the elected students and their positions:

- President:** Victoria Lau
- VP of Professional Affairs:** Allan Yao
- VP of Public Relations:** Jackie Huang
- VP of Membership:** Kevin Vuong
- VP of Fundraising:** Victoria Chen
- VP of Finance:** Ellen Son
- VP of Legislative Affairs:** Camille Mayo



From left to right: Jackie Huang, Victoria Chen, Allan Yao, Victoria Lau, Camille Mayo, Kevin Vuong, and Ellen Son at our 2018 Annual Senior Prom

Senior Prom: a Midsummer Night’s Dream

By Allan Yao

On March 9th, 2018, the University of the Pacific chapter of the American Society of Consultant Pharmacists held the 8th Annual Senior Prom. The theme for this year was A Midsummer Night’s Dream. Guests arrived early in the evening dressed spectacularly and took pictures at the photo booth. Inside the ballroom, the walls and tables were equally adorned with streamers and flowers. It was a fun-filled evening of food, and entertainment as guests mingled amongst themselves and with various student volunteers from the Thomas J. Long School of Pharmacy. We took music requests and danced to a variety of different songs all night. Near the end of the evening, we crowned our senior prom king and queen, and offered to keep the ballroom open for dancers who hadn’t had enough yet. Guests were given chocolates wrapped in strawberry-shaped paper packaging and framed pictures that they had taken at the photo booth as souvenirs of their night out. We would like to thank all the volunteers and staff of the De Rosa Center who came out to help set up, and ensured the night ran smoothly for our esteemed guests. We had over 100 guests this year and are hoping to see even larger turnouts in years to come. Thank you all again and we hope to see you next year!



Prom king at Senior Prom



ASCP-Pacific 2017-2018 Executive Board (from left to right):

Trisha Macaraeg, Steven Kakehashi, Chan Kim, Cindy Tran, Megan Ong, Jeffrey Igusa



Upcoming Events

By Victoria Lau and Camille Mayo

1. National Osteoporosis Awareness and Prevention Month– May 2018

The Bone Mineral Density Committee will be raising awareness for osteoporosis through several fun activities and raffles throughout the month of May. Activities include:

A. Social Media Contest

In order to raise awareness, BMD will be holding a social media campaign. From May 3rd to May 8th, students will be able to take pictures at the BMD photobooth everyday after class. Students can then upload their pictures onto Facebook or Instagram. Whoever gets the most likes will take home a cool prize.



B. Milk Jug Contest

Whoever guesses the correct amount of fruit snacks in the milk jug will win the milk jug and fruit snacks in the jug!

C. Facebook Question of the Week

Throughout the month of May, questions will be posted on the Bone Mineral Density Facebook page and participants will be entered in the raffle to win a prize.

D. Bone Mineral Density Snacks

Committee members will be passing out calcium rich Go-gurt and cheese sticks during the second week of May, for all students who wear white, the official color of National Osteoporosis Month.

E. Try to Stay Dry as a Bone Game

In honor of Osteoporosis Awareness month, students can play a fun game out on the lawn, called “Try to Stay Dry as a Bone”. Players toss a water balloon, and whoever drops the balloon first loses. Winner will take home a Fitbit Alta-Special Edition!

2. ASCP-Pacific Fundraising Week– May 7th– 11th

- A. Wine glasses and notebooks
- B. Restaurants

Monday	Tuesday	Wednesday	Thursday	Friday
T4 & Poke Salad	T4 & Tapa	T4 & Tapa	T4 & Poke Salad	Poke Salad & Deli Delicious

3. ASCP-Pacific Membership Dinner– June 18, 2018

4. Omnicare Tour– TBD

ASCP– Pacific: Bone Mineral Density Committee Updates

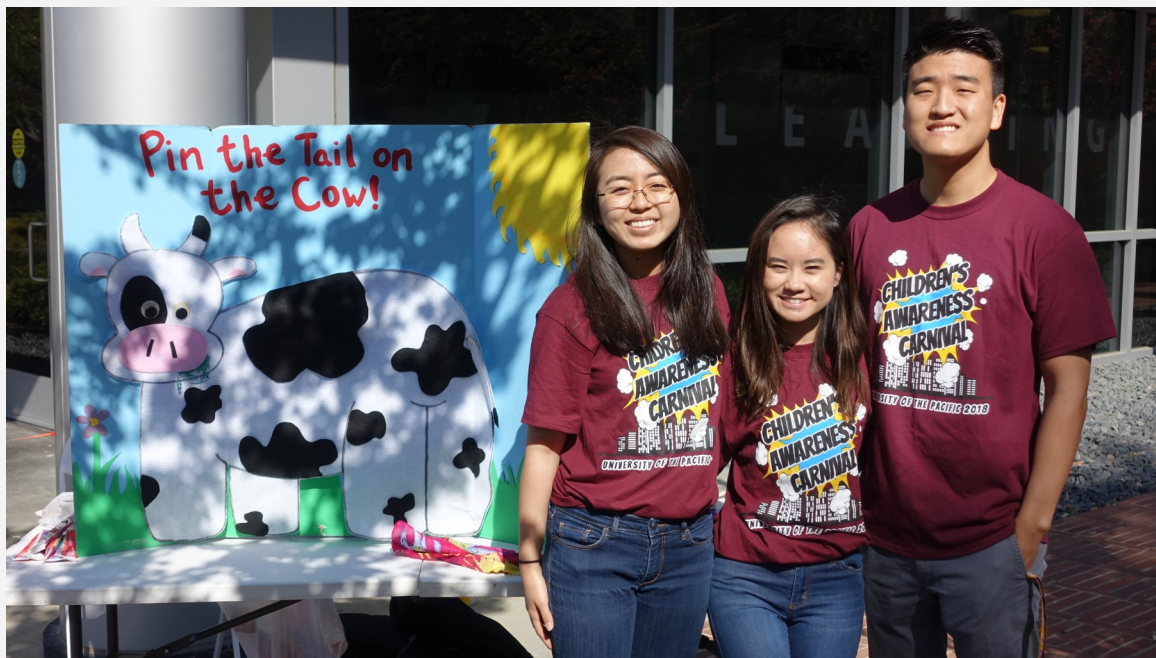
By Victoria Lau and Victoria Chen

May is National Osteoporosis Awareness and Prevention Month! The Bone Mineral Density (BMD) committee will be promoting bone health awareness through speaker events, activities, and more!

As a little background, BMD is a committee on campus that educates patients on bone health while providing screenings for and consultations to the local geriatric population, focusing on risk of osteoporosis. Patients are advised to drink more milk to increase their calcium intake, so there will be a milk jug activity during which students can guess the amount of fruit snacks in a jug in order to win a prize! Other activities include a fun game of “Try To Stay Dry as a Bone” game, in which students try and toss a water balloon without popping out. In addition, students who wore white, the color of National Osteoporosis Month, received a goody bag filled with Go-gurt and cheese sticks!

Recently, BMD acquired new machines for use at health fairs. Through generous grants, BMD was able to buy 2 new MiniOmni machines, which are lighter, more efficient, than the Sahara machines BMD was previously using. In addition, these new machines are able to screen patients by scanning their wrist, rather than their foot, which streamlines the screening process patients. Previous bone density machines required the patient to take off their shoes and socks.

On April 26, BMD was able to provide outreach education to Stockton’s local community through the Children’s Awareness Carnival. With help from various committees, the CAC, which was held at University of the Pacific’s Pharmacy campus, was able to education over 200 fifth graders from various elementary schools around Stockton. Various committee members from BMD educated fifth graders on the importance of calcium and Vitamin D intake on bone health, along with playing a fun “Pin the Tail on The Cow” game with the students. In addition, BMD handed out Go-gurt snacks to all the children.



BMD committee members at the Children’s Awareness Carnival (from left to right): Andrea Zhao, Victoria Lau, and Aiden Kim

About ASCP-Pacific

The American Society of Consultant Pharmacists at University of the Pacific was founded at the Thomas J. Long School of Pharmacy and Health Sciences in 2008. ASCP-Pacific is active involved in providing and improving senior care, and advocating the field of consultant pharmacy. Our membership currently consists of approximately 130 men and women at different levels of their pharmacy studies and career. ASCP-Pacific is dedicated to serving and improving the health of senior citizens as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community through the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program.. The Bone Mineral Density Committee is a professional association that provides bone mineral density, anemia, fall risk, and memory decline screenings at community health fairs. It was created in 2012 and is the only committee that is under a national organization — the American Society of Consultant Pharmacists. The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It promotes helps participants avoid medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

For more information, please visit our website or Facebook page!

Website:

ascppacific.weebly.com

Facebook:

facebook.com/ascppacific

Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing years of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Senior Prom, and other ASCP events).



Taken from www.pacific.edu

Contact Us!

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