

ASCP | Pacific

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Welcome to a Virtual Fall Semester!

By Jessica Choi

Welcome to the Thomas J. Long School of Pharmacy P1s, and welcome back returning students! We hope everyone has adjusted to the new semester. Despite the many changes to this new school year with everything online, we highly encourage you to attend the virtual events to learn about the different fields of pharmacy, such as consultant pharmacy!

ASCP-Pacific is dedicated to serving and improving the health of seniors as well as to advocate the profession of consultant pharmacy. We have lots of great events planned for this year, such as a consultant pharmacist speaker panel, and the chance to learn more about the Beers criteria. Be on the lookout for our events!

Meet our Faculty Advisors

By Kadee Vannorsdall and Kelly Wang



Dr. Carly Ranson is a faculty advisor of ASCP-Pacific, the Bone Mineral Density (BMD) committee, and the Medication Safety Use Training (MUST) committee. In addition to overseeing and teaching students as part of the Medicare Part D Mobile Outreach Clinics, she

actively gives back to veterans through the *Honors Flight*, a nonprofit organization that sends veterans to Washington, D.C. to visit the memorials dedicated to their service. Dr. Ranson is a Board Certified Geriatric Pharmacist. At UOP, she hopes to help students find their voice and passion for the pharmacy profession by providing tools and support they need.

Dr. Clifford Young is a faculty advisor of ASCP-Pacific. In addition to overseeing and teaching students as the Regional Coordinator for APPEs in Fresno, he remains an active member of ASCP where he has served on the Board of Directors, as President of the local chapter, and on various committees at the national level. Dr. Young is a Board Certified Geriatric Pharmacist and maintains an independent healthcare consultant practice, providing services to institutions and individual clients. He is also the current president of California Pharmacists Association. His goals at UOP include maximizing students' success through teaching presentation skills, instilling a hard work ethic, and providing a positive outlook.



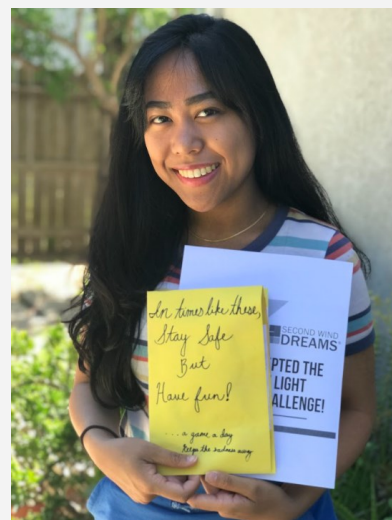
Cards of Light Luminary Challenge

By Dylan Holt

The last couple of semesters have been difficult as it has forced us all to separate from one another. We have stayed in contact through text, Facetime, Zoom, and other platforms. Even with these, some students have had a challenging time learning alone and staying engaged in general. Likewise, many patients living in retirement and senior living homes across the country have had to deal with this same struggle, so the isolation has been much worse for them. The Cards of Light Luminary Challenge was a way for students to engage with the geriatric population living at these homes. We challenged students to design a card and write in words of encouragement. As proof that the cards were actually made and to showcase everyone's artistic ability, we had each student take a picture of themselves with the card. They would then send the card to the provided senior living home address. The executive board members looked over each card and voted on the most creative ones, awarding the winner with a prize. This event's winner was Amanda Lee with her beautiful card. Check out ASCP-Pacific's website for an up-close of everyone's cards!



The whole point of the activity was to build a sense of community between our students and the geriatric population. We wanted to remind everyone that this is when we need to come together and help each other through these difficult times. This is an event that we plan to continue into the coming semesters and we hope to make it even more interactive.



Guest Speaker: Dr. Sonny Bains

By Raneeta Sharma

On July 23rd, 2020, ASCP-Pacific invited Dr. Sonny Bains as a guest speaker to discuss his journey to becoming a pharmacist. Dr. Bains was born and raised in Yuba City, and went to University of the Pacific to get his PharmD degree. He is currently a consultant pharmacist practicing in Philadelphia. Dr. Bains has worked in various settings including community, acute care, and consulting pharmacy. Now, he currently works at a corporate level. He told us about how he has used his knowledge of medications and scientific data to change the way that physicians and other healthcare providers prescribe medications. He also informed us about his career path after pharmacy school, giving us insight into the diverse amount of opportunities available as pharmacists. Dr. Bains shared his opinions on the field of pharmacy and educated us about ways that we can be successful in this field, and also in the world outside of pharmacy.



ASCP-Pacific Planned Events for Fall

By Jay Song

ASCP-Pacific had our annual Consultant Speaker Panel, which was held virtually on September 30th. This year, we hosted a panel of four pharmacists specializing in consultant pharmacy, all with unique backgrounds in the field. During the event, we went over the responsibilities of consultant pharmacists, why they chose this path, any advice that they had for future pharmacists, and more. At the end of the event, there was a Q&A session where students asked questions they had about consultant pharmacy. ASCP is also planning a workshop on Beer's Criteria where members can familiarize themselves with the medications that are identified as potentially inappropriate for use in the geriatric population. We are planning to go over each table in the Beer's Criteria and play Kahoot. We also plan to bring back the Cards of Light Luminary Challenge again, so be on the lookout for that too!

Bone Mineral Density (BMD) Committee's Future Plans

By John Pham and Michelle Tang

For the upcoming school year, BMD will pivot towards telehealth services as we continue to spread awareness about osteoporosis and falls risk. We plan to host our own online events where we will provide Medicare beneficiaries with interactive sessions on stretching and weight bearing exercises. The goal of this online project is to promote a foundation for bone health and minimize the risks of falls within the geriatric population. We hope to further expand on this project by providing more services and educational topics. In addition, BMD will participate in different organizations' health fairs by creating educational videos that will emphasize osteoporosis prevention via nutritional guidelines.



Medication Use Safety Training (MUST) Committee's Future Plans

By Parth Butani and Eric Salcedo



MUST is expanding our roles and services this upcoming school year. We will continue to educate the general public on how to properly and safely use their medication. Our goal is to ensure that patients are taking their medication safely and confidently. For the upcoming year, we will work side-by-side and support Medicare students this fall semester. For spring semester, we plan to use Meducation® RS for future health fairs events. For summer semester, we will continue to provide the same services but we will incorporate new MTM service to patients in health fairs. In addition, we plan to provide eligible patients with pill boxes and sharp containers.

ASCP Fundraising Week

JUNE 15 - JUNE 19

Fleece jackets
1 for \$35
2+ \$30 each

Pop sockets
1 for \$5
2 for \$8

Wine glasses
1 for \$6
2 for \$10

Airpods
1 ticket for \$5

Spike ball set
1 ticket for \$2

Raffle

UNIVERSITY OF THE PACIFIC
Thomas J. Long
School of Pharmacy

Fundraising Week

By Yancy Ram

We decided to fundraise fleece jackets, pop sockets and wine glasses in summer 2020. We also raffled off two prizes which included AirPods and a spike ball set. We plan on fundraising the same items as last semester and raffling off a mysterious prize, so keep your eyes out! This fall semester our fundraising week will take place on October 5 through October 11.

National ASCP 2020 Annual Meeting and Exhibition

By Jessica Choi

The national ASCP organization will be holding its annual meeting and exhibition at Gaylord Palms Resort, Kissimmee, Florida on November 12 to 15 this year. The annual meeting will be both in-person and virtual. Check out their website if you are interested in knowing more about the event, or wishing to register.

<https://annual.ascp.com/register/>

National ASCP 2020 Annual Residency Showcase

By Jessica Choi

The ASCP 2020 Annual Residency Showcase will be hosted virtually by the National ASCP organization. Students can learn more about PGY-1 and PGY-2 residency programs focused on geriatric pharmacy, managed care, or ambulatory care. You will be able to talk to residency directors, network, and improve your CV and resume. If you are interested, click the link below to register!

<https://student.ascp.com/>

About ASCP-Pacific

The American Society of Consultant Pharmacists at the University of the Pacific was founded at the Thomas J. Long School of Pharmacy in 2008. ASCP-Pacific is actively involved in providing and improving senior care, and advocating for the field of consultant pharmacy. ASCP-Pacific is dedicated to serving and improving the health of seniors as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community by collaborating with the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program. The Bone Mineral Density Committee is a professional committee that provides bone mineral density, osteoporosis screening and prevention strategies, and falls risk prevention at community health fairs.

The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It helps participants mitigate medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

Website:
ascppacific.weebly.com

Facebook:
facebook.com/ascppacific

Instagram @ascppacific

For more information, please visit our website, Facebook page, or Instagram!

Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing year of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Cards of Light Luminary Challenge, and other ASCP activities).



Taken from www.pacific.edu

Location

Thomas J. Long School of Pharmacy
 757 Brookside Road
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