

# ASCP | Pacific

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## Welcome Back!

By Victoria Lau

ASCP-Pacific hopes all returning students and faculty had a relaxing winter break and are geared up for a new semester!

The previous semester kicked off with new Co-Chairs being welcomed by the two committees under our organization, Bone Mineral Density committee (BMD), and Medication Use Safety Training Committee (MUST). BMD had the opportunity to serve over 400 patients over the course of 15 Medicare health fairs. ASCP also hosted our annual Joint Speaker Panel and Consultant Speaker Panel, an excellent opportunity for students to gain further insight about the field of Consultant Pharmacy.

We have even more exciting events in the works for this Spring semester. Be sure to keep an eye out for emails on announcements regarding our latest events or check out our website for a current list of events planned for this semester ([ascppacific.weebly.com](http://ascppacific.weebly.com)).

## ASCP-Pacific Fundraising Week

By Jackie Huang

ASCP-Pacific had our Fall Fundraising Week on the week of October 2, 2017 featuring Blaze Pizza, T4, L&L Hawaiian Barbecue, Chipotle, and Panda Express. We also sold our University of the Pacific fleece jackets and stemless wine glasses. Fundraiser week functions not only as way for us to acquire necessary funds for ASCP-Pacific, but also as a great opportunity for us to forge new friendships, try new foods, and celebrate our ASCP-Pacific members. ASCP-Pacific strives not only to host great events and provide resources, but also hopes to create and foster lasting relationships among our pharmacy peers and future colleagues. ASCP-Pacific would like to give a big round of applause to our members for helping us make Fall fundraiser week a great success!



## Joint Speaker Panel

By Chan Kim

On October 25, 2017, ASCP-Pacific, along with APhA-Pacific, AMCP-Pacific, CSHP-Pacific, IPhO-Pacific, NCPA-Pacific, and SCCP-Pacific, invited a panel of seven different pharmacists working in various fields of pharmacy. The seven pharmacists, Dr. NhuAnh Le (AMCP), Dr. Ed Rogan (APhA), Dr. George Do (ASCP), Dr. May Chen (CSHP), Dr. Amy John (IPhO), Dr. David Cottman (NCPA),

and Dr. Alex Kang (SCCP), answered a series of questions that was prepared beforehand. The areas of pharmacy that were represented by the panel of pharmacist included retail pharmacy, independent pharmacy, pharmacy education, hospital pharmacy, pharmacy fellowship, and research fellowship.

Each pharmacist answered questions related to their field of pharmacy such as how they pursued a career in their field of pharmacy, responsibilities of their type of pharmacist, initial expectations, and favorite and toughest part of their field of pharmacy, and recommendations on how to pursue a career in their field of pharmacy. The pharmacists answered each question in full, but also went beyond what was asked by adding their personal touch. The professionals told of personal stories, mistakes and regrets, successes and advice, all of which were helpful to the students as they continue their own journey on their career paths. After the series of questions were answered, the pharmacists answered individual questions to any students who wanted to make professional connections. We would like to thank everyone who came and made the event possible!



Pharmacy students attentively listening to the panel speakers during the Joint Speaker Panel

## BMD and MUST Co-Chair Initiation Dinner

By Jackie Huang

On October 16, 2017, ASCP-Pacific hosted our annual Co-Chair Initiation Dinner to welcome our new First-Year Co-Chairs. From the Bone Mineral Density (BMD) committee, we welcome Victoria Lau and Andrea Zhao. From the Medication Usage Safety Training (MUST) committee, we welcome Rachel Stone and Jay Butani. The new Co-Chairs from both committees were welcomed with a sushi dinner from Kyodai. ASCP-Pacific is very excited to welcome our new BMD and MUST Co-Chairs. We look forward to seeing everything you have to offer!



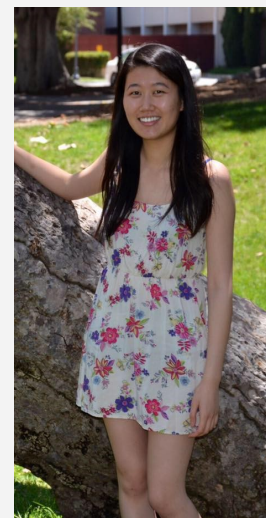
## ASCP-Pacific First-Year Liaisons

By Jackie Huang

ASCP-Pacific would like to extend a warm welcome to our 2017-2018 ASCP-Pacific First-Year Liaisons Victoria Lau and Jackie Huang. Victoria is a P1 pharmacy student from San Marino, California who enjoys running and trying new food places with friends. Jackie is a P1 pharmacy student from San Francisco, California who enjoys watching movies and going hiking. Both Victoria and Jackie are passionate about providing expert care to the increasingly large geriatric community. Our First-Year Liaisons will be working closely with our ASCP-Pacific Executive Board to organize and host events for our members. Serving as bridges to the P1 pharmacy class, our First-Year Liaisons are great resources to our P1 members! If you have any questions or concerns, please feel free to approach our First-Year Liaisons!



Victoria Lau, P1



Jackie Huang, P1

## BMD Medicare Health Fairs

By Victoria Lau

This semester, the Bone Mineral Density Committee (BMD) had the opportunity to serve the community through Medicare Part D Health Fairs. Through the course of 15 health fairs, BMD performed screenings for 402 patients in 11 cities spanning the San Joaquin County and the Bay Area.

BMD provides free bone mineral density screenings to all our patients. Using a sonometer machine, we can obtain our patients' T-scores to assess their bone health and their risk for osteoporosis/osteopenia. We also provide additional services such as Falls Risk assessments and Osteoporosis Risk assessments. During these assessments, we determine

the probability of falling and the patient's risk for osteoporosis through a series of screening questions. After all the assessments have been completed, we provide a consultation based on these results. During



our consultations, we explain the significance of the values obtained from these assessments and provide recommendations for improving overall bone health through proper diet and exercise regimes. BMD also educates patients on lifestyle modifications that can improve and maintain healthy bones along with suggestions in order to prevent a potentially dangerous fall.



This semester, we will continue to serve the community at health fairs throughout the semester. For the latest information on where we will be providing screenings, be sure to check out BMD's Facebook page ([www.facebook.com/BMDPacific](http://www.facebook.com/BMDPacific)).

## Consultant Speaker Panel

By Chan Kim

On November 16, 2017, ASCP-Pacific invited two distinguished consultant pharmacists, Dr. Clifford Young and Dr. Marisella Guerrero to our annual Consultant Speaker Panel. The purpose of the event was to give ASCP-Pacific members an introduction to the field of consultant pharmacy in a personalized setting. Dr. Young has worked in the field of consultant pharmacy in the past and is currently the Region Coordinator for Fresno. Dr. Guerrero, while currently teaching at the University of the Pacific, has worked in retail and consultant pharmacy settings. The pharmacists each conducted Q & A sessions where small groups of students could rotate and ask each pharmacist individualized questions, which not only sparked interest in consultant pharmacy, but also created professional connections. Even though they are both consultant pharmacists, the answers they provided were quite different, due to the difference in their professional paths.

Students enthusiastically asked questions for about two hours about this growing field of pharmacy. These included issues such as weekly time commitment, schedule flexibility, commute time, wages, day-to-day activity, clinical knowledge requirements, and inter-professional interaction requirements. ASCP-Pacific plans to host this event in the years to come to keep up with the changes in the growing field of consultant pharmacy. We would like to thank Dr. Young and Dr. Guerrero again for coming and sharing their knowledge with us!



Dr. Marisella Guerrero answering students' questions at the Consultant Speaker Panel

Dr. Clifford Young discussing his experience as a Consultant Pharmacist at the Consultant Speaker Panel



## About ASCP-Pacific

The American Society of Consultant Pharmacists at University of the Pacific was founded at the Thomas J. Long School of Pharmacy and Health Sciences in 2008. ASCP-Pacific is active involved in providing and improving senior care, and advocating the field of consultant pharmacy. Our membership currently consists of approximately 130 men and women at different levels of their pharmacy studies and career. ASCP-Pacific is dedicated to serving and improving the health of senior citizens as well as advocate the profession of consultant pharmacy.

In addition, ASCP-Pacific reaches out to the community through the Bone Mineral Density Committee and the Medication Use Safety Training (MUST™) Program.. The Bone Mineral Density Committee is a professional association that provides bone mineral density, anemia, fall risk, and memory decline screenings at community health fairs. It was created in 2012 and is the only committee that is under a national organization — the American Society of Consultant Pharmacists. The MUST™ program provides an educational and interactive experience in which participants have the opportunity to ask questions about their medications and receive individualized assistance. It promotes helps participants avoid medication misuse, recognize and manage common side effects, and improve medication use knowledge to avoid medication errors.

For more information, please visit our website or Facebook page!

### Website:

[ascppacific.weebly.com](http://ascppacific.weebly.com)

### Facebook:

[facebook.com/ascppacific](https://facebook.com/ascppacific)

## Honor Cord Requirements

To receive an honor cord at graduation, ASCP-Pacific members must fulfill the following requirements:

1. Be an active member for all 3 years at Thomas J. Long School of Pharmacy (or an additional honor cord event to make up for any missing years of membership).
2. Attend at least 6 general meetings.
3. Accumulate 5 honor cord points by the end of the second year (offered by attending speaker events, Senior Prom, and other ASCP events).



Taken from [www.pacific.edu](http://www.pacific.edu)

## Contact Us!

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